



NAWGJ NATIONAL NEWSLETTER

A Publication of the National Association
of Womens Gymnastic Judges and Coaches

JUNE 1985
Vol. 7 No. 4

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NAWGJ



LET'S OREGONIZE

AT

THE FIFTH NAWGJ NATIONAL SYMPOSIUM
PORTLAND, OREGON
JULY 14-18, 1985

DR. MARY I. McLELLAN
DIRECTOR
129 Mitchell Hall
University of Wisconsin
La Crosse, WI 54601
(608) 785-8182

This year's National Symposium promises to be the best ever. An outstanding list of clinicians and speakers have agreed to assist us with our O-R-E-G-O-N-I-Z-E theme.

The latest addition to the list of outstanding clinicians is

→ **JACKIE FIE** ←

SYMPOSIUM HEADQUARTERS

Thunderbird Motor Inn (Jantzen Beach)

A block of rooms are being held for Symposium attendees until June 22, 1985. Call the Thunderbird direct - 1-800-547-8010

REGISTRATION FEE

(early registration deadline extended to May 15, 1985)

\$120.00 before May 15, 1985 (NAWGJ Members)

\$130.00 before May 15, 1985 (non-members)

\$140.00 after May 15, 1985

\$ 50.00 one day registration fee

Registration fee includes:

Continental Breakfast - Monday, Tuesday, Wednesday

Western Barbeque - Sunday Night (extra guest tickets-\$8.25)

PROGRAM HIGHLIGHTS

New Age Group Compulsory Routines taught by the authors (Nancy Roach, Dale Kephart, Jim Gault)

How to judge the new compulsories - Delene Darst, Audrey Schweyer

SPECIAL SESSIONS

FIG Code - Jackie Fie (General, Floor, Bars)

Audrey Schweyer (Beam)

Biomechanics/Safety/Research - Bill Sands

Dance Technique - Sue Sherwood

Elite Compulsories - Delene Darst, Dale Kephart, Jim Gault

Judges Certification, Inc. - Certification Requirements -

Varina French

Practice Judging Sessions - Master Clinicians

RELATED TOPICS

1985-88 Judges Certification exams will be offered for the FIRST TIME at the Symposium

Weight Training/Conditioning Programs - Dr. Pat O'Shea, Oregon State University

Stress Management Techniques for Judges - Dr. Ken Ravizza, California State University - Fullerton

NATIONAL ASSOCIATION OF WOMEN'S GYMNASTICS JUDGES
NATIONAL SYMPOSIUM

Motivational Tips for Beginning Judges - Varina French
Test Administrators (TA) required training session - Judges
Certification, Inc. Committee

CREDIT

Attendees may receive up to 3 CEU credits (educational).
Due to problems with out-of-state tuition, university credit
will not be available.
Active Status credit will also be available

SOCIAL EVENTS

Sunday Night Western Barbeque/Fun Night
Wednesday Night Banquet - \$15.00/person

FITNESS FEATURES

Aerobics, Water Aerobics, jogging, walking each morning
Tennis over lunch - if interested in tennis tournament contact
Ruth Sandoz directly: 6115 S.W. 36th, Portland, OR 97221
Golf Tournament or Play - contact Mary Ann West directly:
Box 187, Maynard, IA 50655

TENTATIVE PROGRAM

(Official program will be available in your packet at
registration)

Sunday, July 14th

Noon - 6:00 pm - Registration - Hotel Lobby

3:00 - 5:00 pm - Compulsory Film viewing, Sight seeing

6:30 - 7:?? pm - Western Barbeque/Fun Night

Monday-Thursday Noon, July 15-18th

9:00 - 9:00 pm - Daily sessions

Wednesday, July 17th - Banquet

Thursday, July 18th

2:00 - 5:30 pm - Coaches Clinic (open to Coaches and Judges)
Multnomah Athletic Club, Portland

1:30 - 4:30 pm - Judges Certification Examinations



AIRPORT PICKUP SERVICE

Airport pickup service and short sightseeing tour available
Sunday, July 14th - \$10.00/person. Tour will include the
Japanese Rose Gardens and a historical mansion and will finish
at the hotel. Interested parties should contact Don MacPhail,
Away Travel Service, 800 Olive Street, Eugene, OR 97401, prior
to July 1st. (800-242-2929)

Transportation is also available directly from the airport to
the hotel.

We encourage your participation in this exciting Symposium.
Hopefully many of you will plan a vacation prior to or following
the Symposium and take the opportunity to visit many of the
beautiful areas in the Great Northwest. A travel agent will be
present at Registration to assist you with tours, sightseeing,
etc.

**SEE YOU IN PORTLAND, OREGON
July 14-18, 1985!!!**

Region _____

NAWGJ NATIONAL SYMPOSIUM

THUNDERBIRD MOTOR INN

JANTZEN BEACH

PORTLAND, OREGON

JULY 14-18, 1985

PRE-REGISTRATION

Please print or type and return to:
Dr. Mary McLellan, Symposium Director
129 Mitchell Hall
University of Wisconsin-La Crosse
La Crosse, WI 54601

Name _____

Last Name

First Name

Middle Initial

Institution/
Organization _____

Judge _____ Coach _____ Other _____

Address _____

City _____ State _____ Zip _____

REGISTRATION FEE (postmarked prior to May 1, 1985)

- ☐ Members \$120.00 _____
- ☐ Associate Member \$120.00 _____
- ☐ Life Member None _____
- ☐ Student Members (full time) \$ 50.00 _____
- ☐ Non-Members \$130.00 _____
- ☐ Late Fee (postmarked after May 1) \$140.00 _____

CREDIT

University credit and CEU's
are available through
University of Wisconsin-
La Crosse. _____

If interested, please indicate

SESSIONS (check if interested)

- ☐ 1. Elite Clinic none _____
- ☐ 2. Coaching Clinic none _____

MEALS (non-refundable)

Western Barbeque (included in registration)

(Sunday evening) Extra tickets @8.25 _____

BANQUET (Wed. evening)*

Number @ \$15.00 each _____

*Please indicate if vegetarian plate desired _____

number
Total Enclosed _____

Cancellation Policy

In case of cancellation prior to June 15,
a \$20.00 processing fee will be withheld.
No refund after June 15.

NAWGJ SYMPOSIUM - CERTIFICATION EXAM

DATE: Thursday, July 18, 1985, 1:00 p.m. PLACE: Thunderbird Motor Inn

Phone () _____

Name _____

Address _____

City _____

State _____ Zip _____

Circle Exam(s) desired:

Class I

Class II

Class III

Class IV

Compulsory

A B A B A B A B

A B A B A B A B

A B A B A B A B

A B A B A B A B

Optional

A B A B A B A B

A B A B A B A B

A B A B A B A B

A B A B A B A B

Practical

A B A B A B A B

A B A B A B A B

A B A B A B A B

A B A B A B A B

NO REFUND ON TEST FEE

Cost: \$10.00/exam part TOTAL ENCLOSED _____

Judging Number _____

Current Rating _____

Return this form, along with your check before June 15, 1985, to:

Joint Certification Committee, Inc., Varina French,

Rt. 1, Box 245, Forest Grove, OR 97116

FOR THOSE BRINGING FAMILIES. Please inform your members that a
service will be available through the Portland Parks Bureau and
facilitate childrens activities ages 7 and up during the day.
Sign up for this service will be available at registration for a
nominal daily fee.

WE LOOK FORWARD TO SEEING YOU IN PORTLAND JULY 14-18, 1985

JUDGES' CERTIFICATION INC.

TO: TEST ADMINISTRATORS

RE: TA TRAINING SESSIONS AND TESTING

Effective July 1, 1985, please be advised that it is mandatory that test administrators attend a TA Training Session, as well as test at their highest eligible level before they will be able to schedule and administer the certification exam.

Tenatively scheduled exams must follow the rules as stated above. No exams will be given prior to July 18, 1985.

Reminder to all test administrators that all exams must be scheduled thru Varina French and Sue Ammerman. It is highly suggested that you schedule your exam at least four or more weeks prior to your testing date. Exams not scheduled will not be graded. Your TA packet is your responsibility and should not be given to anyone. Your status as a TA will be revoked upon violation of these rules.

Varina French
Rt. 1, Box 245
Forest Grove, Oregon 97116

Sue Ammerman
97 Lionshead Drive East
Wayne, New Jersey 07470

TA TRAINING SESSIONS

5/27/85	Terre Haute, Ind.	7:30 am
6/2/85	Atlanta, Ga.	7:30 am
7/ /85	JUDGES SYMPOSIUM(to be announced)	
9/15/85	USGF CONGRESS	9:00am

TEST AVAILABILITY

7/18/85	JUDGES SYMPOSIUM	1:00 pm
9/15/85	USGF CONGRESS	11:00 am

All ratings expire December 31, 1985. Renewal of ratings must be in progress by January 1, 1986. After January 1, 1986, all judges have one year to test at the level they had obtained by May 31, 1985. As of January 1, 1987 if they had not tested they must start at level III or IV.

Any new judges may begin to test at the Class III or Class IV level.

NO TEST ADMINISTRATOR WILL BE ABLE TO GIVE THE CLASS I EXAM UNTIL SHE/HE HAS PASSED AND IS RATED AS A CLASS I JUDGE.(The exception to this rule will be those Test Administrators that are not Coaches or Judges.)

ALL TEST ADMINISTRATOR NUMBERS WILL CHANGE EFFECTIVE JULY 1, 1985.

A LIST OF QUALIFIED (Attended TA Training Session/Tested at their highest level) TEST ADMINISTRATORS WILL BE AVAILABLE FROM THIS OFFICE FOR SCHEDULING EXAMS.

HOW TO READ YOUR NAWGJ RENEWAL LABEL?

by

Char Christensen
Editor

NAWGJ RENEWAL INFORMATION - Each of you have a special series of numbers on your mailing label for the newsletter. You can easily determine when your NAWGJ membership needs to be renewed by looking near the center set of numbers on the top of your mailing label. You will see four letters in a row which are the first four letters of your last name. Then, there are two numbers which indicate the region. For example, 05 is for Region 5. Then, the following letters indicate the month you'll need to renew:

A = January	D = April	G = July	J = October
B = February	E = May	H = August	K = November
C = March	F = June	I = September	L = December

The next number indicates the year: 2 = 1982, 3 = 1983, 4 = 1984.

It is important to renew on time so that you'll not miss one issue of the National Newsletter!!

RENEWAL FOR NAWGJ NEWSLETTER FOR NON-JUDGES - We have some non-judges, coaches, or interested individuals in gymnastics who subscribe to the National Newsletter. As a judge who has current NAWGJ membership, you will receive the newsletter, automatically. As a non-member, please use the form below to renew your subscription.

NAWGJ NATIONAL NEWSLETTER SUBSCRIPTION INFORMATION

NAME _____

Street Address _____

City _____ State _____

Zip Code _____

Cost - \$8.00 per year

Renewal - Yes No

Starting Issue - Nov. _____

May _____

Feb. _____

August _____

Please Circle - Coach, Parent, Gymnast, or Interested individual

Make check payable to: Char Christensen - Editor
NAWGJ NATIONAL NEWSLETTER

RETURN TO:

Char Christensen
1972 Elbert Dr.
Powell, Ohio 43065

ATTENTION: STATE JUDGING DIRECTORS

Just a reminder that your State newsletters should be sent to Mary Van Grinsven, NAWGJ Administrative Assistant, your RJD, Betty Sroufe, Joanne Aschenbrenner, and to me, Char Christensen, the newsletter editor. Please send it to the addresses on the cover of the newsletter. Please highlight in colored ink any information you feel might be interesting for our membership to read. Any publicity you would like for your state or region can be put into the newsletter, also. If it is an upcoming date and event, please send the information one to two months ahead so it is not old information. Also, please have your USGF as well as NAWGJ state newsletters publicize the national newsletter as well.

GYMNASTIC TECHNIQUE

"LALATI": A CAPTIVATING MOVE

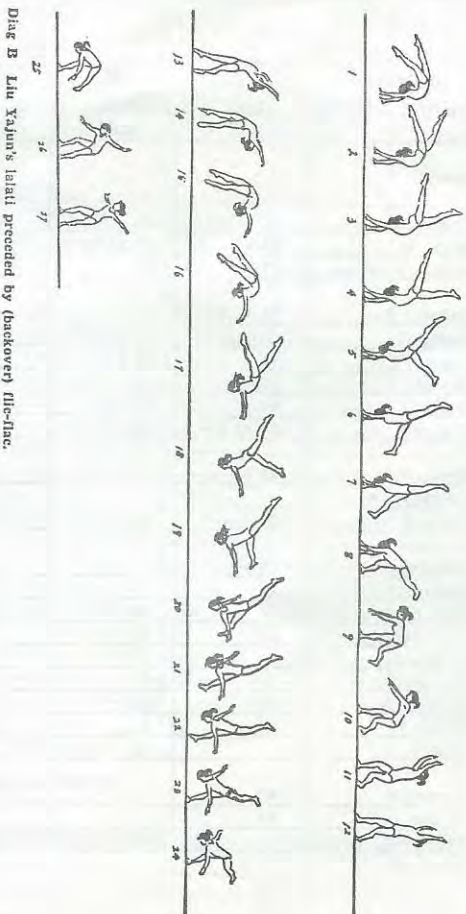
Wang Ping

At the Third National Games, the many-line national champion Liu Yajun gave a successful performance of "back-over flic-flac followed by straddle back salto stretched" (Diag. B). Preceded by different hand-springs and landing on one foot after the other, this kind of salto came to be known among the Chinese gymnasts as *lalati*, the name for a similar movement in Peking opera. It has been highly appreciated at national and international gymnastic contests in recent years.

Four Phases

The *lalati* consists of four phases. Take Xin Guizhi's version for instance:

- 1) *Erect trunk*: In the preceding round-off, the hands should land far away from the feet. Swing one leg and push off the other quickly while keeping frontal plane vertical to the beam. (Diag. A4-6). The legs should land close to the hands so as to facilitate the push-off of the latter (Diag. A11-13). Then carry both arms upward and keep trunk erect (Diag. A14-15).
- 2) *Leg drive*: With the impetus gained from the push-off of the hands, jump up with a vigorous drive of the rear leg (Diag. A15-16).
- 3) *Kick*: While taking off, speed up the somersault by kicking the front leg upward.



Diag B Liu Yajun's lalati preceded by (backover) flic-flac.

Training Methods

- 1) Practise round-offs that land on half toe with chest pulled in and arms raised obliquely upward. The whole movement should be speedy and full of swing. Keep trunk erect and legs close together.
- 2) Follow the round-off with a jump, maintaining the same body position.
- 3) Practise round-offs that land on the ball of one foot, with the other kicking as high as possible.
- 4) Follow the above exercise with a backward somersault aided by a powerful kick. Land on the kicking leg with the other leg raised high behind. Then put the latter down and bend the former to form a "lunge step." Practise back salos in place with the assistance of a partner.
- 5) Practise jumps that end up with "lunge steps" on landing.

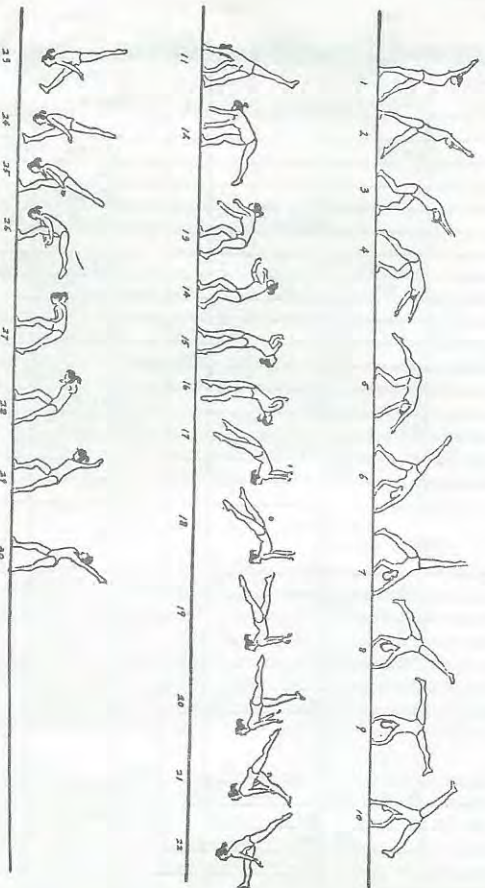
on a high beam. Do more auxiliary exercises off the beam; this will stand you in good stead when you do complete exercises on the apparatus.

Common Errors

- 1) Not enough swing in the round-off to produce a great horizontal speed for the following somersault.
- 2) Poor balance of the body due to improper hip and body position in the round-off.
- 3) Leg drive not powerful enough and the head thrown back too early in the round-off, so that the flight is not high enough for the somersault.

All those errors should be noted and promptly corrected.

As a movement for the brave, the risky yet graceful *lalati* has a bright prospect. Already many Chinese beam performers can do it before dismounting with somes or flitts. Probably in the near future we'll see further developments — *lalati* followed by a some to roll, by another *lalati*, or even by a tucked, piked or twisted some on the beam. □



Diag A Xin Guizhi's lalati preceded by round-off.

An erect trunk and powerful leg drive will ensure a proper height for the somersault while the kick and head movement serve to increase its speed. A well-controlled body position is necessary for accurate and steady landing.

Technical requirements may vary with gymnasts having different special skills and using different connecting movements. Liu Yajun, whose flic-flac produces a great speed but a rather low height for the following *lalati*, requires more vigorous action of her chest and hand for the somersault. By fulfilling this requirement, she performs the *lalati* very well and can moreover display a graceful form in flight with her supple body (Diag. B15-22).

In doing the above exercises one should start with the easier movements. Practise along a line marked out on the floor or on a low beam before working

NAGJ NATIONAL JUDGING ASSIGNMENTS - 1984

* **	Name	E/W J.O.	Natl. J.O.	1st Elite	2nd Elite	USA Champ	Sports Fest	Ind. Clubs	NCAA-I	NCAA-II	Elite Team	Other***
BREVET												81 82 83 84
CA 1	Pasquale, J	82 84	84	81 82 83 84	81 83 84	81 82 83 84		81	83 84	83	81 82 84	1 1
WA 2	Wisen, K	83	83	81 82 84	83	82 83 84						1
OR 2	Ruhlman, S	82 84		81 83 84	81 82	81 82 83	83	81 82			81 82	1
AK 2	Kephart, D			84		84					84	1
CO 3	Aschenbrenner, J			81 83 84	81 82 83	81 82 83 84			84		82 84	1 1 1 1
CO 3	Weber, S			81 82 83 84	81 83 84	81 82 83 84			82 83 84		81 82 84	1 1 1
IA 4	Fie, J			84	82 83	81 82 83 84						1
IN 5	Grace, C	81 82	81 82	81 83	81 82 83	82 83		84	83		81 82	1
IN 5	Treiber, G				82 84	81 82 83 84		81 82				
IL 5	Wachtel, E				83	81 83						
NY 6	Chencinski, L	84	84	81 82	82 83 84	81 82 83 84					84	1
NY 6	Cross, M	84		81 82 83 84	81 82 83 84	81 82 83 84	81 82			84		1
RI 6	Davis, G											
PA 7	Schweyer, A			81 82 83 84	81 82 83 84	81 82 83 84			83		81 82 84	2 1
PA 7	Thielz, S	81		82	82	81 82		83				1
GA 8	Darst, D	81	81 82 83 84	81 82 83 84	81 83 84	81 82 83 84			83 84			1 1
FL 8	Valley, S			81 82 83 84	81 82 83 84	81 82 83 84						1 1
FL 8	Weaver, E				83 84	83						
F.I.G.												
CO 3	Mahoney, M	83	81	81 82 83 84	83	82						1 1
NE 4	Schalk, J	81 83	81 82	84	81 82 83	82		84				
KY 5	Liedtke, C	81 82 84	82	82	81 82 83 84	81 83						
NY 6	DeCristoforo	81 82 84	82	83	82 84	81 A	81	83		84		1 1
MA 6	Kjeldsen, K			82	81 83	81 83		84		82		1 1
NC 8	Thompson, E	81 82 83 84	83 84	81 82 83	81 84	81 82				82		
FL 8	Stivers, J								82			
ELITE A												
CA 1	Anderson, S	81 82 84	83 84									1 1
CA 1	Brown, D	84	81 83 84	84				81 82		83		1
CA 1	Holey, L	81 82 84	84	84					82		84	1 1
CA 1	Maloney, C	81	82	81			83		84		81 82	
AZ 1	Manville, W	81 83 84			81		82		82			
CA 1	Schmid, A			81								
CA 1	Smith, J	83	84	81 84					82 83		81 82	1 1
CA 1	Stacey, K		84	84				82				2

* **	Name	E/W J.O.	Natl. J.O.	1st Elite	2nd Elite	USA Champ	Sports Fest	Ind. Clubs	NCAA-I	NCAA-II	Elite Team	Other***
ELITE A (Cont.)												81 82 83 84
OR 2	French, V											
MN 2	Kees, P	83 84	81 82 83 84					81 82				
OR 2	Morlan-Houghton	81	84				82	81 82		83		
CO 3	Bodman, J	81 82 83	84	83	81							1 1 1
CO 3	Bunge, C		81 83 84	83	81							2 1
CO 3	Cooper, D	83	81 83	83								
TX 3	Dvorak, J	81 84	82				83			83		1
TX 3	Hale, C	82	81 84		81				82			1
CO 3	Ogg, L	81 82 84	83									1 2 1
NE 4	Beran, L	82 84	82 83 84	81					83 84			1 1
WI 4	McLellan, M							81 82				1
IA 4	West, M	81	82 83	83				84	82			
IL 5	Axelson, B	84					82					1 1
OH 5	Bowers, C	81					83	84				1
IL 5	Christensen, C		83						84		81	2 1
MI 5	Dobranski, J	81	83				82					
KY 5	Hodge, Y		84						82			1 1 1
MI 5	Morton, L		81				83		82			
IL 5	Oldham, S	83	82				82					1
MI 5	Piper, D	83	82				81			82		
OH 5	Sroufe, B		82	82			81					1 1
MA 6	Carson, L	83	81		84				84	82 84		1
NY 6	Hanlon, A	84			84					83 84		2 1
CT 6	Hicks, J		83				81			84		1 1
MA 6	Morse, R	81 82					83			84		
CT 6	Panichas, P	84	82		84		81	83				1
NY 6	Schnaars, M	84					81			82		1

* **	Name	E/W J.O.	Natl. J.O.	1st Elite	2nd Elite	USA Champ	Sports Fest	Ind. Clubs	NCAA-I	NCAA-II	Elite Team	Other***
ELITE A	(Cont.)											81 82 83 84
VT 6	Sheldon, M	83					81			82 84		1 1
NY 6	Stam, M	84					82					2
NJ 7	Ammerman, S	84	81		82 84			83				2
NJ 7	Chollet, C	82	83					83				2
VI 7	Edwards, C	81	83	82								2
DI 7	Hamilton, C	82 83	81		82 84			83				2
PA 7	Ide, C	81 82	84		82		83	83		84		2
NJ 7	Spering, J	83 84	82		82			83				2 1
TN 8	Bouley, D	81 83	82	82								1
GA 8	Noble, H	81 82 83 84	83	82								
GA 8	Stuart, D	82	81				83					
ELITE B												
AZ 1	Jones, C	84									84	
CA 1	Packwood, J	84										
WA 2	Hickey, P											
MN 2	Holman, P								82			1
OR 2	McElroy, E							81 82				
WA 2	Reid, L									83		
WA 2	Tindall, L											
OR 2	Woodside, V	81								83		
OK 3	Childers, A		81									
TX 3	Ethridge, P	81										
TX 3	Hillenburg, C	81										
OK 3	James, A		81									
TX 3	Jones, D											
TX 3	Kuhn, K	81										1
TX 3	Rizzo, C								84			1 1

* **	Name	E/W J.O.	Natl. J.O.	1st Elite	2nd Elite	USA Champ	Sports Fest	Ind. Clubs	NCAA-I	NCAA-II	Elite Team	Other***
ELITE B	(Cont.)											81 82 83 84
MO 4	Greonfell, J	83										
IA 4	VanGrinsven, M	81 84						84				1
MO 4	Jackson, S											1
IA 4	Jirus, R		82					84		82		1
KY 5	Long, M											
KY 5	Profumo, D								82			1 1
ME 6	Bryant, B											
NY 6	Burton, J									82		1
RI 6	Davis, M											1
MA 6	Engstrand, K									82		1
CT 6	DeMayo, V									82 84		1
NY 6	Hess, B									82		
MA 6	Konaxis, J											1 1
MD 7	Petrone, K											1
MD 7	Tranquill, S	81						83				1 1
MD 7	Weber, J											1
PA 7	Zelko, K											1
								83		83		2
AL 8	Dillard, M	81 83										
GA 8	Dykes, M	81 83										1
AL 8	Kornegay, D	83							83			1

* State

** Region

*** Other: AIAW, World University Game Trials, YMCA, AAU, NAIA (83), Mac. Trials, Single Elimination, USA1CC International Invitational (81), Jr. Elite Team Championships (84)

**Scientific Gymnastic
Congress**

**Analysis of Gymnastic
Talent**

**Hyatt Regency Hotel
Montreal 1985**

October 31 - November 3

Organized by: Universities de Montréal,
McGill,
Concordia,
UQAM.

Supported by:  **SPERRY**



In early November 1985, the city of Montreal will be the host of the XXIII World Gymnastic Championships.

Preceding this spectacular event, the Universities of Montreal, McGill, Concordia and UQAM will organize a four day International Scientific Gymnastic Congress. Within the Congress theme, ANALYSIS OF GYMNASTIC TALENT, the best interaction of gymnastic theory and practice will be assured. In fact, the World's best known specialists in sport science, medicine and coaching within the realm of gymnastics will be united in order to shed new light upon recent technical and research advances that contribute to the process of developing top level gymnastic talent.

Program

Structure:

The program will be uniquely designed in order to facilitate interaction between coaches, sport scientists and other congress participants.

In order to respond to a wide variety of interests, the program will offer a number of congress activities: invited major presentations, free papers, films, panels, exhibitions and practical workshops. These workshops will be used for the demonstration of gymnastic movements as well as the application of theoretical concepts.

**Confirmed
speakers
to date include:**

BELA KAROLYI (USA)
Training systems
BORIS BAJIN (CAN)
Talent identification
LARS-ERIC UNESTAHL (SWE)
Mental training

JOSEPH MASSIMO (USA)
Clinical interventions
MICHEL LEGLISE (FRA)
Gymnastic injuries
GERALD GEORGE (USA)
Safety in gymnastics
TERRY ORLICK (CAN)
Psychological plans
MICHAEL MAHONEY (USA)
Stress and coping

For further information, please contact the Congress secretariat at:

Congrès scientifique de gymnastique de Montréal Inc.

Université de Montréal
C.P. 6128, succursale A
Montréal (Québec)
Canada, H3C 3J7

Tél.: (514) 343-7589/343-6151



2042 4TH AVE. E.
TWIN FALLS, IDAHO 83301
PH. (208) 734-9900

March 26, 1985

COACH POSITION - SAGE GYMNASTICS - TWIN FALLS, IDAHO

Sage Gymnastics has an opening for a full-time women's gymnastics coach. The position would entail the following:

- a. Coach Class I and II girls. (We have 3 Cl. I's and 5 Cl. II's)
- b. Assist with Class III girls. At present)
- c. Direct women's program for entire gym - this would include staff training and instructing classes.
- d. Help develop out-of-gym programs in the outlying communities.
- e. Assume administrative duties in co-operation with other staff members.

Sage has had approximately 375 students each month this school year. Sage has been in operation for 7 years and enjoys a good reputation in the community.

Our facility is a metal building that measures 60 by 100 feet. We have an AMF spring floor and all the necessary equipment for both men's and women's gymnastics. There is a professional dance studio adjacent to the gym where the gymnasts take their weekly dance lessons. This studio also houses other dance programs.

Twin Falls, Idaho is in south central Idaho, 80 miles south of Sun Valley, and has a population of 36,000 in town. The commercial drawing area encompasses approximately 100,000 population. The College of Southern Idaho is a Jr. College that greatly enhances the quality of life in Twin Falls. We have in the past taught gymnastic classes for CSI in our facility. This is an area with many recreational opportunities for all 4 seasons. Skiing, boating, golf, backpacking, camping and hiking are only a partial listing of the off-duty activities.

This would be a full-time position. The salary is negotiable and would depend on past experience and present capabilities. There is a possible buy-in opportunity.

Please send a resume to: SAGE GYMNASTICS
2042 4th Ave. East
Twin Falls, Idaho 83301

If there are any questions, they may be directed to Andrea Buck, Business Manager, (208) 734-2087.

Thank you,

A handwritten signature in cursive script that reads "Andrea L. Buck". The signature is written in dark ink and is positioned above the printed name.

Andrea L. Buck

To: Gymnastics Judges and Coaches

April 1985

From: Priscilla K. Hickey, Elite Judge, Region II

Re: 1985 "New" Code of Points Organizational Index

The following 19 pages of information was organized to help me study for Elite Judges Course in February, 1985. It is not an official list from USGF or NAWJG. I have tried very hard to make corrections to the Provisional Edition, that were given to us at the course.

There are 4 pages of General Information

4 pages of Compositional Requirements - Value Raising (one per event)

4 Score sheets - one for each event

8 Pages of an Index to the Code - 2 pages per event

(two columns of "A"- "B" elements and two columns of "C"- "D" elements)
The pages are organized such that you can cut them to fit into the code and use them as quick reference sheets.

I am willing to sell these pages to judges and coaches. After expenses have been accounted for, I will be making a donation back to Region II Judges Asso. If you need additional copying, please send \$5.00 to:

Priscilla K. Hickey
3257 Evergreen Pt. Rd.
Bellevue, WA. 98004
206-454-1570

If you are willing to copy and send out the pages to other interested people, then please send a donation to me for the Regional fund of \$2.00 per packet, and charge the others for the copying and handling expenses.

I hope that these pages will be helpful to you over the next 4 years.

Please send me any suggestions or questions for might have about the Index.

Sincerely,

Priscilla K. Hickey
Priscilla K. Hickey

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1985 ORGANIZATIONAL INDEX -- FIG WOMENS CODE OF POINTS -- ORDER FORM

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I have enclosed \$ _____ as a donation to Region II Judges Asso. (\$2.00/packet)

Name: _____
Address: _____
City/ZIP: _____

Char Christensen
1972 Elbert Dr.
Powell, Ohio 43065



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